

"THE FORMULA"

1. TAKE ACTION ON THE OPPORTUNITY THAT CONTAINS THE HIGHEST EXCITEMENT.

- The highest excitement doesn't have to come in the form of a project or career.
- As long as an option contains even a little more excitement than any other option, act on it first.
- Excitement is your body's physical translation of a communication from your higher mind. Respond to it by acting on the excitement.
- Check your beliefs to make sure you aren't making anxiety appear to be excitement.
- Check your beliefs to make sure you aren't making excitement appear to be anxiety through fear-based definitions.

2. ACT ON THAT EXCITEMENT TO THE BEST OF YOUR ABILITY.

- Use all your skills, talents, imagination and abilities in taking the action.
- Act to the fullest degree you are able to act.
- If more than one opportunity has equal ability to be acted upon, choose either and it will show you whether or not to continue down that path.
- Keep acting on it until you have no more ability to act.
- When you can act no further, choose the next most exciting thing you are able to take action on.
- Recognize the signs, reflections and agreements that indicate an inability to take action.
- Physical parameters, laws of society, moral values and ethical standards can all indicate whether or not you have the ability to take action.

3. ACT ON THAT EXCITEMENT WITH ABSOLUTELY ZERO INSISTENCE OR ASSUMPTION WITH RESPECT TO A SPECIFIC OUTCOME.

- Understand that insistence on a specific outcome, manifestation or path may actually prevent a better manifestation than you imagined.
- The thing itself that excites you may not need to come to fruition. It may only excite you to get you to take action in order to create the state of being in which the thing that actually needs to manifest can do so.

Acting on this three-part formula with integrity aligns you with the complete tool kit of excitement that:

- Provides every form of support, abundance or information you need.
- Becomes the driving engine that moves you forward.
- Acts as the organizing principle that shows you what to act on in what order and when.
- Presents you with the path of least resistance to flow through life.
- Connects you to all other expressions of your excitement no matter what form they come in.
- Becomes the reflecting mirror that reveals anything within your beliefs that is out of alignment with your true vibration of excitement.
- Leaves nothing relevant out.